Is it possible for a penis to hit your cervix during sex, and if so, is that safe?!

Well, considering that the average vagina is 3.77 inches deep and the average erect penis is 5.16 inches long, yes, it’s absolutely possible.

That said, the vagina does grow longer when aroused (the more you know!), and a penis can’t actually penetrate your cervix. So “generally, nothing bad should happen,” says Sophia Yen, MD, associate professor of obstetrics and gynecology at Stanford University School of Medicine. In fact, some women can experience full-body orgasms from cervical stimulation (see page 126 for more details on that!). If, though, deep thrusting is painful in any way, ask your guy to lighten up, or switch positions to a more shallow stitch like missionary. And if you notice bleeding, notes Dr. Yen, see your doctor ASAP.

I’ve been with my boyfriend for more than two years, and the only way I can orgasm is when we dry hump. Are we doing sex wrong?

A. I wouldn’t say “wrong,” but here’s a tip from sexpert Emily Morse, host of the SiriusXM Radio show and podcast Sex With Emily: “The reason you’re orgasming from dry humping is most likely because of the friction you’re feeling on your clitoris. For more of this kind of stimulation while having sex, try grinding when you’re on top.”

You can also hold a vibrator against your clitoris during sex or wear a panty vibe as clitoral stimulation (see page 107 for more details on that). If, though, you notice blood pumping to your erogenous zones, your skin may get flushed and you might feel a tingly, warming sensation between your legs. Sometimes, you may notice you’re getting wet, but if not, don’t take it as a sign you’re not turned on. “Every body’s different [see what I did there?].

Is there a toy I can use instead of my fingers to stimulate my guy’s prostate?

A. Gunning for that elusive P-gasm? Good! For you two—men can have seriously powerful orgasms from their prostate, a gland located between the bladder and penis. It’s most accessible via his back door, and “a woman who uses a toy on her man’s prostate can really change the way he experiences sex,” says Tina Dietrich, CEO of sex-toy brand Elle Paradis. He suggests a vibrating prostate massager like Elle Paradis’s Prostate Silicone Perineum Tickler, $35, ellaparadis.com, which is long enough to reach his P-spot and buzzy enough to get him off better than your digits ever could. If that sounds like a little much, Dietrich suggests trying a butt plug that can hit the right spot hands-free.

I’ve only ever been with men, but lately, I find myself looking at women too. How can I test a relationship with a woman if I’m not a hundred percent sure how I feel?

A. Respect to you for not wanting to fuck with anyone’s feelings. You’re in a good head-space to come at this like you would with a guy. “When you find someone who piques your interest, ask her to make plans,” says Morse. “Then let her know you’re exploring your sexuality and you find her attractive.” That should definitely start an interesting convo. As you two get to know each other better, keep up the transparency. “Whether you find just a new friend or a sexual partner, you’ll be learning about your self,” says Morse.

PSA: Your brain is the largest sexual organ in your body.

As a woman, how do I know if I’m actually getting aroused?

A. If you’re thinking about sex, that’s a pretty good start! As the largest sexual organ in your body, the brain is critical for getting things going. From there, arousal signs can differ from woman to woman, says Morse. “You might notice your nipples and clitoris becoming erect,” she explains. And thanks to more blood pumping to your erogenous zones, your skin may get flushed and you might feel a tingly, warming sensation between your legs. “Sometimes, you may notice you’re getting wet, but if not, don’t take it as a sign you’re not a hundred percent sure how you feel!"